

# ORIENTAL JUICE

winter, tonic, natural boost, anti-fatigue

For  
**3**  
Glasses

## Ingredients:

½ pineapple

3 oranges

1 teaspoon liquid vanilla extract

**Preparation:** Peel the oranges (to avoid their bitterness) and the pineapple. Process the pineapple then the oranges in J 80 Ultra/J 100 Ultra centrifugal juicer.

Add the vanilla extract and serve in small vodka glasses.

**Benefits:** Vanilla is an aromatic stimulant. It helps reduce mental and physical fatigue. It is also recommended for insomnia.

**Another idea:** Replace the oranges with coconut milk.

**Robot-Coupe tips:** The Ultra juicer can process peeled oranges whole.

